

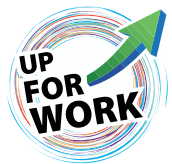
# Be part of something exciting



## What's on Offer

- Links to jobs
- Help with CVs/applications
- Range of FREE training courses
- Workshops & taster sessions

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personnel**  
Together Towards Employment



[networkpersonnel.org.uk](http://networkpersonnel.org.uk)

# UP FOR WORK

THIS IS FREE FOR ANYONE WHO IS AGED 16-24 AND NOT IN EMPLOYMENT, EDUCATION OR TRAINING (OR WORKING UNDER 16 HOURS PER WEEK) IN THE MID ULSTER DISTRICT COUNCIL AREA.

## What's on offer:

### HELP TO FIND WORK

- Job search - making contact with local employers
- CV building / updating
- Application form support
- Interview skills
- Work placements

### WORKSHOPS & TASTER SESSIONS

- Photography
- Arts & Crafts
- Graphics
- Cooking
- Mindfulness
- Money Management
- Safe Driving
- Skin & beauty
- Make-up application

### RANGE OF FREE TRAINING COURSES

- CSR
- First Aid
- Food Hygiene
- Retail
- Customer Service
- Manual Handling
- Vocational Skills
- Beauty Therapy
- Business Administration
- Essential Skills

For more information on Up For Work, please get in touch with us on **028 7962 8113** or email [info@networkpersonnel.org.uk](mailto:info@networkpersonnel.org.uk)

We have offices in Cookstown, Dungannon & Magherafelt

**network  
personnel**  
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Department for the  
**Economy**  
[www.economy-ni.gov.uk](http://www.economy-ni.gov.uk)



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Comhairle Ceantair  
**Lár Uladh**  
**Mid Ulster**  
District Council

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